

Emotional Freedom Technique (EFT)



EFT has been proven helpful in healing of all emotional issues, trauma and physical ailments. The ideas utilized by EFT have been largely ignored by Western Healing Practices and that is why **EFT often works where nothing else will**. As you will clearly see, conventional healing methods have overlooked the obvious. Learn to treat emotional issues for yourself and others.

Where: 2785 North Speer Blvd Suite 119, Denver, Colorado

Who: Anyone wanting INDEPENDENCE

From:

- Negative Emotions
- Self Doubt
- Grief
- Negative Memories

To:

- Earn that greater income
- Start that new business
- Lose that weight
- Walk this planet with grace and confidence

**September 15th 10 am to 12pm;
October 13th 10 am to 12 pm; and
November date TBA.**

For dates and times and to register, email Elissa Hardy at reikih@yahoo.com or call (303) 941-8785. Space is limited so act quickly! Cost is \$33 per person.

(http://www.twocompassionatehands.com/Elissa_Hardy)

"EFT is based on a new discovery that has provided thousands with relief from pain, diseases and emotional issues. Simply stated, it is an emotional version of acupuncture except needles aren't necessary. Instead, you stimulate well established energy meridian points on your body by tapping on them with your fingertips. The process is easy to memorize and is portable so you can do it anywhere." Gary Craig, www.emofree.com

